

Collagen Type I – look and feel younger

Collagen Type I is one of the main ingredients in capsules that can help to smooth the signs of ageing.

In today's world, image is everything. We see celebrities spend thousands in the fight to stay young, and we wish we could look like them. Of course for many, beauty comes from within, but we're much more concerned about what we look like on the outside – which is where collagen Type I can help.

### **Make a real difference with Collagen Type I**

It's fortunate that the world of science and medicine has developed products and techniques that help us to maintain our youth for as long as possible. Many people save up for full-blown surgery, tightening skin, enhancing assets and reducing waist sizes, but for those of us who don't want to go under the knife there are some great alternatives. One of these is to take capsules that contain collagen Type I. These capsules are specifically designed to help combat the ageing process, including:

- **Fine lines** – we're noticing them earlier and earlier, because we're trained to look for the slightest fault with our skin, but fine lines are often the first sign of the ageing process. Whether they are on your forehead, or around your eyes and mouth, capsules containing collagen Type I can help to reduce their appearance.
- **Laughter lines** – for many people, there's nothing wrong with laughter lines – they show a life well-lived. For those in pursuit of youthful skin, however, laughter lines represent a blemish. Collagen Type I helps to boost collagen levels, helping to smooth the appearance of laughter lines
- **Furrows and crows' feet** – often the most disliked signs of ageing, forehead furrows and deep crows' feet lines are the bane of many people's lives. As we get older, the collagen that is naturally present in our body starts to disappear, so it makes sense to replace it, which is why you can take capsules containing collagen Type I and know that it's going to have a positive effect in the long term.

Collagen Type I is essential to keeping your skin looking young. Replacing the collagen that's lost naturally due to the ageing process means that you can retain a youthful appearance as you get older – giving you the self confidence you need to live your life to the full rather than worrying about new lines and wrinkles.

Healthlab offers capsules with collagen Type I as a main ingredient, which are designed to smooth wrinkles and lines, helping you to look younger. Designed for long-term use to ensure best results. To place an order, take a look at our website or call on 0845 130 21 33.

